

OBJECTIVE

To utilize my diverse healthcare experience and knowledge to impact the most significant amount of systemic change

LINKS

[AboutMe](#)

[Facebook](#)

[Instagram](#)

[X](#)

[DrJGiddensRN.com](#)

HIGHLIGHTS

Over 200 speaking engagements

Adjunct Faculty Maryville University

EDUCATION

DOCTORATE • AUGUST 2017 - DECEMBER 2019 • UNIVERSITY OF MISSOURI – ST. LOUIS

Doctor of Nursing Practice (DNP) programs prepare nurse leaders at the highest level of nursing practice to improve patient outcomes and translate research into practice. GPA: 4.0

MS-NURSING PMHNP • JANUARY 2010 - MAY 2013 • UNIVERSITY OF MISSOURI - COLUMBIA

The Master of Science Nursing – FPMHNP- learns to provide lifelong, comprehensive primary mental healthcare settings, including rural and underserved populations through disease management, health education, and preventative health services. GPA: 4.0

BS-NURSING • JUNE 2008 - MAY 2009 • GOLDFARB SCHOOL OF NURSING

Prepares the graduate nurse to engage in evidence-based clinically competent care utilizing health technologies across transitions of care while exhibiting cultural awareness, sensitivity, competency, while demonstrating ethical behaviors while providing care to individuals, groups, and populations within a diverse society. GPA: 3.8

BA-TECHNICAL THEATRE • AUGUST 2002 - MAY 2005 • UNIVERSITY OF MISSOURI

Students study scene design, lighting design, costume design, sound design, theatre technology, and stage management. Students combine traditional stagecraft techniques with state of the art computer technology, digital image projection, and digital sound mixing. GPA: 3.888

NON-DEGREE SEEKING • ST. LOUIS COMMUNITY COLLEGE NON-DEGREE SEEKING • ST. LOUIS UNIVERSITY

*SEE APPENDIX A FOR CURRICULUM LISTING



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DR. JESSICA GIDDENS

DOCTORATE OF NURSING | DRJGIDDENSRN1.WORDPRESS.COM

Former CEO of community
owned multi-disciplinary
practice

CERTIFICATIONS & LICENSES

GOOD CLINICAL PRACTICE CERTIFICATION - EXPIRED

ANCC – PMHNP-BC CERTIFICATION

REGISTERED NURSE (MO)

REGISTERED NURSE (IL)

REGISTERED NURSE (IN) – EXPIRED

REGISTERED NURSE (IA)

REGISTERED NURSE (GA)

NURSE PRACTITIONER (MO)

NURSE PRACTITIONER (IL)

NURSE PRACTITIONER (IA)

NURSE PRACTITIONER (GA)

BUPRENORPHINE WAIVER

DEA (IL) - EXPIRED

BNDD (MO) – EXPIRED

ACLS – EXPIRED

PALS – EXPIRED

MANDT TRAINING – EXPIRED

CPI TRAINING - EXPIRED

LEADERSHIP & MEMBERSHIPS

2025

Institute of Electrical and Electronics Engineers (member)

2024

Implantable Brain-Computer Interface Collaborative Community (member)



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2023-2024	American Nurses Association & Missouri Nurses Association (member)
2023-2024	American Nurses Association Advocacy Institute (member)
2023-2024	American Psychiatric Nurse Practitioner Association (member)
2023 -2024	Missouri Chapter (APNA) Temporary Leadership Committee (member)
2023	St. Louis Nurses in Advanced Practice (member)
2023-2024	Association of Missouri Nurse Practitioner's (member)
2023	American Association of Nurse Practitioners (member)
2023-2024	American Society of Addiction Medicine (ASAM) (member)
2023	ASAM Student and Early Career Taskforce Chair
2020- 2021	President of Nurse's Against Violence Unite Missouri Chapter
2021- 2022	Member of the International Society of Psychiatric Genetics
2020 – January 2021	Member of American Association Nurse Practitioners
2020 – January 2021	St. Louis Nurse's in Advanced Practice (STLNAP) Co-Vice / Vice President (2020)
2019 – January 2021	Vice President of Nurse's Against Violence National
2019 - present	Member of Neuroscience Education Institute
2019 - 2020	Member of Slaying Dragons
2019	American Nurse's Credentialing Center (ANCC) PMHNP exam reviewer
2019	Y98 Health Care Family Credit Union "Celebrating Nursing" Recipient
2018- 2020	Member of the Mentorship Program the American Nurses Association
2018-present	Distinguished School of Mental Health and Wellness Leadership Board
2018-2020	American Society of Addiction Medicine



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2018-2020	Member of Association of Missouri Nurse Practitioners
2018 - 2020	Member of International Society of Psychiatric Mental Health Nurses
2018	ANA 2018 Publication American Nurses Association Year of Advocacy
2017-2021	Member of St. Louis Nurses in Advance Practice
2017	University of Missouri St. Louis Preceptor Award
2013	Who's Who Among Students in American Universities & Colleges
2013-2020	Member of the American Psychiatric Nurses Association
2013-2020	Member of American Nurses' Association and Missouri Nurses' Association
2011	Ethel Christine Johnson Lemmonds & Rhonda J. Lemonds Bron Master's Scholarship
2009 – 2010	Human Rights Committee Behavioral Intervention Services
2008 - 2009	Barnes Institutional Scholarship
2009 Nursing	Carol Stubblefield Clinical Excellence Award in Psychiatric-Mental Health
2009 - present	Sigma Theta Tau Iota Nursing Honors Society Member
2008 - 2009	BJC Institutional Scholarship
2005 - present	Phi Beta Kappa Honors Society Member
2005 - present	Phi Kappa Phi (Lifetime) Honors Society Member
2005 - 2021	Golden Key Honors Society Member
2002 – 2005	MU Honors College
2002 - 2005	MU Excellence Award
2004	Curator's Theatre Award



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2004	Bess M. and George W. Corrigan Memorial Scholarship Fund
2002	National Honors Society Member
2002	Tri-M Music Honors Society Member
2006 – 2008	AMSA Member
2008	Multiple Sclerosis Society Member
2008	NSNA Member

WORK EXPERIENCE

NURSE PRACTITIONER • GATEWAY FOUNDATION • SEPTEMBER 2024-CURRENT

Job Description: Working as a nurse practitioner in a community substance use treatment facility. Gateway Foundation, Inc. is a national non-profit dedicated to helping individuals with substance use and mental health disorders. Diverse populations are served, including community services, corrections divisions, Medicaid patients, professionals with substance use disorder, and others, to name a few. My current job includes assessing and treating patients in the inpatient rehabilitation unit and in the intensive outpatient program. Patients may be undergoing the detoxification process and require MAT such as buprenorphine and long-acting injectable buprenorphine. Other key responsibilities: Serve as a key team member to deliver all aspects of patient care, including diagnosis, treatments, and consultations. Formulates initial client detoxification plan with diagnostic strategies and therapeutic intervention to stabilize the client's medical condition. Provides guidance and counseling on health improvement, risk reduction, and disease prevention to nursing staff and clients. Acts as a senior medical professional on-site and works in conjunction with the consulting physician for continued client care. Evaluates client response to medication and treatment; initiates appropriate changes to client care plan. Monitors clients, evaluations of medical problems, and potential barriers to detoxification and recovery. Documents and charts client examination and assessment data, medical needs, treatment plan, diagnostic and medical interventions, and referrals; maintains client records to ensure local, state, and federal compliance.



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Nurse Practitioner responsibilities:

- Serves as a key team member to deliver all aspects of patient care, including diagnosis, treatments and consultations.
- Formulates initial client detoxification plan with diagnostic strategies and therapeutic interventions to stabilize client's medical condition.
- Provides guidance and counseling on health improvement, risk reduction, and disease prevention to nursing staff and clients.
- Acts as senior medical professional on site, and works in conjunction with consulting physician for continued client care.
- Evaluates client response to medication and treatment; initiates appropriate changes to client care plan.
- Monitors clients, evaluations of medical problems and potential barriers to detoxification and recovery.
- Documents and charts client examination and assessment data, medical needs, treatment plan, diagnostic and medical interventions, and referrals; maintains client records to ensure local state and federal compliance.
- Other duties as assigned

Main areas of emphasis: Community health, substance use disorder, mental health, Medication-Assisted Treatment

Technology: Avatar, Microsoft Office, Relias

Address: 600 W Lincoln St., Caseyville, IL 62232

Phone: 614-328-4500

SCIENTIFIC DIRECTOR • KNOWFULLY LEARNING GROUP • SEPTEMBER 12, 2022-CURRENT

Job Description: A fully remote position. Responsible for providing strategic leadership in medical education and planning, as well as digital innovation in medical communications. Direct, manage, and support medical education activities, including requests for medical education support for healthcare providers and patients; conduct educational gaps and needs assessments; audit sponsored Continuing Medical Education (CME) activities and ensure full compliance of sponsored CME activities with all external and internal policies. In addition, this role will be managing digital technology to educate and engage healthcare practitioners and



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patients. Main tasks include writing and editing medical needs assessments for grant proposals, submitting requests for proposal submissions, video and podcast reviews, finding and contacting faculty for educational content, and developing and editing educational slide decks consistent with continuing medical education standards. Direct and lead team members on educational content. Publish content relative to set deadlines. Ensure all educational content is relevant, timely, based on the latest research, free of industry bias, and interesting to learners from multiple health specialties.

Main areas of emphasis: Diversity, Equity, and Inclusivity, Mental health, vaccinations and infectious diseases, allergies, COVID-19, Digital therapeutics, Artificial intelligence in medicine, medical devices, psychopharmacogenomics, chronic kidney disease, sexual health

Technology: ASANA, SLACK, Sharepoint, Microsoft office

Address: 201 N King of Prussia Rd., Suite 370, Radnor, PA 19087

Phone: 614-328-4500

Website: <https://www.knowfully.com/>

Supervisor: Kashemi Rorie

Collaborator: None

ADJUNCT PROFESSOR • MARYVILLE UNIVERSITY • AUGUST 15, 2020 - CURRENT

Job Description: Faculty for Maryville University in Nursing. Develop and deliver curricular content related to clinical areas of expertise. Utilize distance learning platforms and university-supported technology to assist the learning of virtual-based healthcare students. Teach Diagnosis and Management Practicum I and II to Master's, Post-Master's, and Doctoral students. Diagnosis and Practicum Management I: This practicum course explores various psychotherapeutic treatment strategies. The course emphasizes evidence-based practice and research-based clinical decision-making in the assessment, diagnosis, and treatment of various *DSM-5 disorders* among adults and older adults. Diagnosis and Practicum Management II: This course offers students the chance to assess and implement evidence-based approaches to promote health and to diagnose and manage psychiatric illnesses in children, adolescents, and their families. This course is designed to help students expand their knowledge in diverse theories and models to comprehend the underlying causes of complex mental health disorders. Previous courses: Psychopharmacology and Adult Practicum. Other responsibilities: Conduct Zoom lectures, office hours, grading. Assist with papers, evaluating the work of APA, and assuring students are learning the material to be able to be competent to practice.

Areas of emphasis: Psychopharmacology, Diagnosis and Management, Psychotherapy

Technology: Microsoft Office, Slack, Smartsheet, Canvas, Slack

Reason For Leaving: Current

Address: 650 Maryville University Drive, Saint Louis, MO 63141

Phone: 314-529-9300



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Website: <https://www.maryville.edu/>

Supervisor: Dr. Brandie Smalley

Collaborator: n/a

Rate of Pay: per course

NURSE PRACTITIONER • CHESTNUT HEALTH SYSTEMS • SEPTEMBER 12, 2022 -OCTOBER 4, 2022

Job Description: Training as a Nurse Practitioner Community Mental Health Center. Providing psychiatric assessments, medication management, and therapeutic services for psychiatric patients in an outpatient community mental health setting.

Reason For Leaving: Found a job with higher pay

Address: 1003 Martin Luther King Jr Dr., Bloomington, IL 61701

Phone: 309-827-6026

Website: <https://www.chestnut.org/>

Supervisor: Becky Caruso

Collaborator: None

NURSE PRACTITIONER • ST. LOUIS COUNTY DEPARTMENT OF JUSTICE • MAY 16, 2022 FROM-TO JULY 16, 2022

Job Description: Psychiatric mental health nurse practitioner in a justice center / corrections environment. This Is a Private company contracted by the St. Louis County Department of Corrections. Worked in the infirmary treating acute mental health conditions. Detoxing clients with acute alcohol, methamphetamine, marijuana, opioid, and other substance withdrawal. Prescribe medications and other relevant treatments. Direct social work and other team members as necessary related to mental health.

Reason For Leaving: Expectations incongruent with previous medical experience, site also wasn't properly managing collaborative regulations

Address: 100 S Central Ave, Clayton, MO 63105

Phone: 314-615-5245

Website: <https://stlouiscountymo.gov/st-louis-county-departments/justice-services/>

Supervisor: Elizabeth Allen

Collaborator: Dr. Carolyn Siefert

CEO-PMHNP-PRECEPTOR-SUPERVISOR • HOLON INCLUSIVE HEALTH SYSTEM • APRIL 1, 2020 – JANUARY 2022

Job Description: Self-employed private practice, consultant, key opinion leader, speaker, and business and management service provider (MSO) for other practitioners seeking to own and operate their own practices. Develop short- and long-range plans for the organization. Develop policies and procedures for operational



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processes to ensure optimization and compliance with established standards and regulations. Utilization review. Developing and executing clinical strategy. Analyze medical literature and utilize customer feedback to identify future company programs. Develop process improvement projects and coordinate with other practitioners and external partners. Strategize for new market development and solve complex organizational problems. Develop programs that optimize efficiency and productivity. Develop best practices to maintain growth and development. Identify operational inefficiencies and implement remediation plans. Work in collaboration with clinical and operational leadership members in the community. Identify new healthcare technology to improve efficiency to the organization and other providers. Develop innovative chronic care management models that address physiological and psychological healthcare needs of diverse and complex patients in the healthcare system. Develop training tools to assist onboarding, hiring, and managing of new practices and the employees. As a business operator, assist other practitioners in the development of protocol and clinical decision making for their practice. Offer billing, management, credentialing, and other business support. Assist providers in monitoring and tracking success and goals for their practice. Develop protocol for other clinical staff and administrative staff as needed. Work with telehealth technology and digital therapeutics.

As a provider, offer psychiatric assessments, medication management, therapeutic services for psychiatric patients in an outpatient setting and via telepsychiatry. Supervise clinical / office staff and students. Offer holistic and integrative care; considering all healthcare aspects of total wellness for the client to achieve best health outcomes across the lifespan. Also provide psychiatric assessments, medication management, and therapeutic services via telemedicine. Therapy services and diagnosis and management of complex comorbid psychiatric and medical illnesses. Work with clients with substance use disorder and requiring detoxification. Clientele ranges in all ages from children to geriatric patients. Other services include providing specialty services in an LGBTQ friendly environment, working with traumatic brain injury patients, and autism spectrum patients. Work with complex medical psychiatric illness, differential diagnostics for patients with questionable diagnoses. Conduct genomic testing and interpretations, psychometric testing, and clinical research. Assist with complex mood disorders, anxiety disorders, and psychotic disorders. Monitor psychiatric and health conditions in an integrative health model. Order necessary labwork, sleep studies, or other tests needed dependent on psychiatric and other health conditions. Provide education and training for other employees.

Reason For Leaving: Closed practice.

Address: 301 South Main Street, Dupon, IL 62239

Phone: 314-384-6604

Supervisor: Self

Collaborator: None



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ADJUNCT PROFESSOR • MARYVILLE UNIVERSITY • AUGUST 15, 2020 - MAY 15

Job Description: Faculty for Maryville University in Nursing. Develop and deliver curricular content related to clinical areas of expertise. Utilize distance learning platforms and university-supported technology to assist the learning of virtual-based healthcare students. Teach psychopharmacology and assessment to Master's, Post-Master's, and Doctoral students. Psychopharmacology explores principles of pharmacology, pharmacokinetics, pharmacodynamics, and psychopharmacogenomics, with an emphasis on the mechanisms of drugs, their side effects, drug-drug and drug-gene interactions, and interactions with disease states under treatment. Clinical case studies and problem-solving sessions were introduced, along with advanced pharmacology application techniques. The classes of pharmaceuticals are introduced and later explored throughout the University programming. Assessment and Diagnostics III prepared the learner for graduation and preparation for board certification for advanced nursing practice. It is the culmination of didactic health information focusing on clinical diseases, treatment, and management, utilizing best practices in the field. Conduct Zoom, lectures, office hours, and grading. Assist with papers, evaluating the work of APA, and ensuring students are learning the material to be able to be competent to practice.

Reason For Leaving: Adjunct faculty, no courses assigned

Address: 650 Maryville University Drive, Saint Louis, MO 63141

Phone: 314-529-9300

Website: <https://www.maryville.edu/>

Supervisor: Dr. Brandie Stiles

Collaborator: n/a

CONSULTANT • OTSUKA • DECEMBER 18, 2018 - NOVEMBER 29, 2022

Job Description: Contracted consultant through Jessica Whelan LLC. Teach other medical professionals about new medications FDA approved for treatment in the neuroscience division. Provide consultant and key opinions to Otsuka regarding healthcare and other effective changes and health needs that may be relevant for the company to address in order to better assist in delivering quality science and medications to providers and patients. Especially assist in key opinions and advising regarding Major Depressive Disorder and other related mental health conditions. Assist the marketing team with identifying information relevant to practitioners that is most important for delivering scientific literature to the team. Assist the science team in identifying tools to help practitioners identify patient types in their practice that may benefit from newer treatments approved by the FDA. Assist in training of the Otsuka sales staff in regard to genomics as it relates to psychiatric conditions and the medical management of them.

Reason For Leaving: Working with CME, industry ties required to be terminated

Address: 508 Carnegie Center Drive, Princeton, NJ 08540

Phone: 609-524-6788

Website: <https://www.otsuka-us.com/>



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Supervisor: n/a

Collaborator: n/a

CONSULTANT • ABBVIE • OCTOBER 1, 2017 - NOVEMBER 29, 2022

Job Description: Contracted consultant through Jessica Whelan LLC. Teach other medical professionals about new medications FDA approved for treatment in the neuroscience division. Speaking programs 60+ a year around the country. Provide consultant and key opinions to Allergan regarding healthcare and other effective changes and health needs that may be relevant for the company to address in order to better assist in delivering quality science and medications to providers and patients. Perform National media tours on the education of disease state and new pharmaceutical products. Perform engagements in commercial, television, live on stage, radio, and conferences, posters, and publication formats. Especially assist in key opinions and advising regarding Major Depressive Disorder, Migraines, Schizophrenia, Bipolar Disorder, and other related mental health conditions. Assist marketing team with identifying information relevant to practitioners that is most important for delivering scientific literature to the team. Assist the science team in identifying tools to help practitioners identify patient types in their practice that may benefit from newer treatments that are available and approved by the FDA. Assist in the medical writing department in creating new informational literature as a nurse practitioner thought leader and national key opinion leader.

Reason For Leaving: Working with CME, industry ties required to be terminated

Address: 1400 Sheridan Rd., North Chicago, IL 60064

Phone: 800-255-5612

Website: <https://www.abbvie.com/>

Supervisor: n/a

Collaborator: n/a

CONSULTANT ADVISORY BOARD • TEVA • JUNE 2021 – JUNE 2021

Job Description: Contracted consultant through Jessica Whelan LLC. Teach other medical professionals about new medications FDA approved for treatment in the neuroscience division. Provide consultant and key opinions to Sunovion regarding healthcare and other effective changes and health needs that may be relevant for the company to address in order to better assist in delivering quality science and medications to providers and patients. Especially assist in key opinions regarding Schizophrenia.

Reason For Leaving: Contract expired

Address: 1090 Horsham Road, North, Wales, PA 19454

Phone: 888-838-2872

Website: <https://www.tevapharm.com/>

Supervisor: n/a



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Collaborator: n/a

CONSULTANT ADVISORY BOARD • SUNOVION • MARCH 3, 2019

Job Description: Contracted consultant through Jessica Whelan LLC. Teach other medical professionals about new medications FDA approved for treatment in the neuroscience division. Provide consultant and key opinions to Sunovion regarding healthcare and other effective changes and health needs that may be relevant for the company to address delivering quality science and medications to providers and patients. Especially assist in key opinions and advice regarding Binge Eating Disorder and ADHD, and other related mental health conditions. Assist marketing team with identifying information relevant to practitioners that is most important for delivering scientific literature to the team. Assist the science team in identifying tools to help practitioners identify patient types in their practice that may benefit from newer treatments that are available and approved by the FDA.

Reason For Leaving: Project ended

Address: One Bridge Plaza North, Suite 510, Fort Lee, NJ 07024

Phone: 508-481-6700

Website: <https://www.sunovion.com/>

Supervisor: n/a

Collaborator: n/a

CONSULTANT • AVANIR • SEPTEMBER 18, 2018 – JANUARY 1, 2020

Job Description: Contracted consultant and speaker through Jessica Whelan LLC. Teach other medical professionals about new medications FDA approved for treatment in the neuroscience division. Provide consultant and key opinions to Avanir regarding healthcare and other effective changes and health needs that may be relevant for the company to address in order to better assist in delivering quality science and medications to providers and patients. Especially assist in key opinions and advising regarding Pseudobulbar Affect, Neurological conditions, and other related mental health conditions. Assist marketing team with identifying information relevant to practitioners that is most important for delivering scientific literature to the team. Assist the science team in identifying tools to help practitioners identify patient types in their practice that may benefit from newer treatments that are available and approved by the FDA.

Reason For Leaving: Contract expired

Address: 30 Enterprise, Suite 400, Aliso Viejo, CA 92656

Phone: 979-389-6700

Website: <https://avanir.com/>

Supervisor: n/a

Collaborator: n/a



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CONSULTANT • NEUROCRINE • APRIL 2, 2019- JANUARY 1, 2020

Job Description: Contracted consultant, speaker, advisory board member through Jessica Whelan LLC. Teach other medical professionals about new medications FDA approved for treatment in the neuroscience division. Provide consultant and key opinions to Neurocrine regarding healthcare and other effective changes and health needs that may be relevant for the company to address in order to better assist in delivering quality science and medications to providers and patients. Especially assist in key opinions and advising regarding Tardive Dyskinesia, Movement Disorders, and other related mental health conditions. Assist the marketing team with identifying information relevant to practitioners that is most important for delivering scientific literature to the team. Assist the science team in identifying tools to help practitioners identify patient types in their practice that may benefit from newer treatments that are available and approved by the FDA.

Reason For Leaving: Contract expired

Address: 12780 El Camino Real San Diego, CA 92130

Phone: 858-617-7600

Website: <https://www.neurocrine.com/>

Supervisor: n/a

Collaborator: n/a

CONSULTANT • GENOMIND • MAY 10, 2018 – JANUARY 1, 2020

Job Description: Contracted consultant through Jessica Whelan LLC. Teach other medical professionals about genetic testing and application to the treatment of patients with psychotropics. Especially assist in key opinions and advising regarding Psychopharmacogenomics and other related mental health conditions with regards to the integration and science of genetic science. Educated other providers about pharmacokinetic and pharmacodynamic genetic testing. Provide consultant and key opinions to Genomind regarding healthcare and other effective changes and health needs that may be relevant for the company to address in order to better assist in delivering quality science to providers and patients. Assist with the formation of report formatting and act as a key opinion leader.

Reason For Leaving: Contract expired

Address: 2200 Renaissance Blvd., Suite 100, King of Prussia, PA 19406-2755

Phone: 800-273-8255

Website: <https://genomind.com/>

Supervisor: Russel Amato

Collaborator: n/a



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PRECEPTOR • PRECEPTOR LINK • JANUARY 2019 TO DECEMBER 2022

Job Description: Assist Preceptor link with assisting students requiring their clinical rotations for APRN degrees. Paid through Jessica Whelan LLC. Provide students with education about new medications, performing essential roles as a nurse practitioner, and offering a hands-on clinical rotation experience to help them be more prepared to assist students in the future with their nursing degree.

Reason For Leaving: Closed clinical practice

Address: 2240 Encinitas Blvd, Ste. 408, Encinitas, CA 92024

Phone: 760-452-0777

Webiste: <https://www.preceptorlink.com/>

Supervisor: Preceptor link - Norma Sarti

Collaborator: n/a

RADIO CO-HOST • THE MEDICAL BEAT • JANUARY 2020 TO JUNE 2020

Job Description: Co-host of healthcare radio show. Deliver news regarding new and interesting topics in healthcare, especially those related to mental health. Engage listeners across the St. Louis metropolitan area to be able to become more interested in health-related topics relevant to current events. Deliver content in an entertaining format to grow listeners. Develop a strong rapport with other cohosts. Remain politically neutral in delivery of healthcare education on the radio. Deliver a predictable structure. Assist with regular featurettes within each show. Assist with growth and development of the radio program. Assist with marketing of the program.

Reason For Leaving: Show ended during COVID-19

Address: 1220 Olive Blvd., Saint Louis, MO 63103

Phone: 314-504-4033

Website: <https://themedicalbeat.com/>

Supervisor: Dr. Steve Harvey

Collaborator: n/a

CONTRACTOR PMHNP-PRECEPTOR-SUPERVISOR • COMMUNITY LONG-TERM CARE AND PSYCHIATRY • FEBRUARY 1, 2020 – APRIL 1, 2020

Job Description: Self-employed private practice. Supervise clinical / office staff and students. Providing psychiatric assessments, medication management, therapeutic services for psychiatric patients in an outpatient setting and via telepsychiatry. Affiliations with inpatient psychiatry through Mercy South (St. Anthony's) and multiple long-term care facilities. Also provide psychiatric assessments, medication management, and therapeutic services via telemedicine. Therapy services and diagnosis and management of complex comorbid psychiatric and medical illnesses. Work with clients with substance use disorder and requiring detoxification.



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Clientele ranges in all ages from children to geriatric patients. Other services include providing specialty services in an LGBTQ friendly environment, working with traumatic brain injury patients, and autism spectrum patients. Work with complex medical psychiatric illness, differential diagnostics for patients with questionable diagnoses. Conduct genomic testing and interpretations. Assist with complex mood disorders, anxiety disorders, and psychotic disorders. Monitor psychiatric and health conditions in an integrative health model. Order necessary labwork, sleep studies, or other tests needed dependent on psychiatric and other health conditions. Provide education and training for other employees. Business development and management including operations. Create and develop assessment protocols and treatment team plans. Establish clinical protocol and clinical decision making for the practice. Monitor and track success and goals. Develop protocol for other clinical staff and administrative staff. Direct and conduct organizational meetings. Serve as a preceptor at the location for multiple universities. Typically rotating 10-20 students per semester.

Reason For Leaving: Left to open my own practice in IL

Address: 10004 Kennerly Road, Suite 326B, Saint Louis, MO 63128

Phone: 314-525-5050

Website: <https://www.missouripsychiatry.com/>

Supervisor: Dr. Ernest Graypel

Collaborator: Dr. Ernest Graypel

CONTRACTOR- PMHNP-PRECEPTOR-SUPERVISOR • GATEWAY PSYCHIATRIC GROUP • AUGUST 1, 2018 – FEBRUARY 1, 2020

Job Description: Self-employed private practice. Supervise clinical / office staff and students. Providing psychiatric assessments, medication management, therapeutic services for psychiatric patients in an outpatient setting. Also provide psychiatric assessments, medication management, and therapeutic services via telemedicine. Therapy services and diagnosis and management of complex comorbid psychiatric and medical illnesses. Clientele ranges in all ages from children to geriatric patients. Other services include providing specialty services in an LGBTQ friendly environment, working with traumatic brain injury patients, and autism spectrum patients. Work with complex medical psychiatric illness, differential diagnostics for patients with questionable diagnoses. Work with clients with substance use disorder and requiring detoxification. Develop protocols for my patient panel. Conduct genomic testing and interpretations. Assist with complex mood disorders, anxiety disorders, and psychotic disorders. Monitor psychiatric and health conditions in an integrative health model. Order necessary labwork, sleep studies, or other tests needed dependent on psychiatric and other health conditions. Provide education and training for other employees. Business development and management including operations. Create and develop assessment protocols and treatment team plans. Establish clinical protocol and clinical decision-making for the practice. Monitor and track success and goals. Develop protocol for other clinical staff and administrative staff. Direct and conduct organizational meetings. Serve as a preceptor at the location for multiple universities. Typically rotating 10-20 students per semester.



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DR. JESSICA GIDDENS

DOCTORATE OF NURSING | DRJGIDDENSRN1.WORDPRESS.COM

Reason For Leaving: Differences of opinion on collaborator role and collaborator in the middle of a malpractice suit

Address: 11116 S. Towne Sq., Suite 205, Saint Louis, MO 63123

Phone: 314-567-1958

Website: <https://www.gatewaypsychgroup.com/>

Supervisor: Dr. Gordon Robinson

Collaborator: Dr. Gordon Robinson

CONTRACTOR PMHNP-PRECEPTOR-SUPERVISOR • COMPASSIONATE HEALTHCARE • JANUARY 1, 2018 – AUGUST 1, 2018

Job Description: Self-employed private practice. Supervise clinical / office staff and students. Providing psychiatric assessments, medication management, therapeutic services for psychiatric patients in an outpatient setting. Develop all the protocols for the whole office and all practitioners. Also provide psychiatric assessments, medication management, and therapeutic services via telemedicine. Therapy services and diagnosis and management of complex comorbid psychiatric and medical illnesses. Work with clients with substance use disorder and requiring detoxification. Clientele ranges in all ages from children to geriatric patients. Other services include providing specialty services in an LGBTQ friendly environment, working with traumatic brain injury patients, and autism spectrum patients. Work with complex medical psychiatric illness, differential diagnostics for patients with questionable diagnoses. Conduct genomic testing and interpretations. Assist with complex mood disorders, anxiety disorders, and psychotic disorders. Monitor psychiatric and health conditions in an integrative health model. Order necessary labwork, sleep studies, or other tests needed dependent on psychiatric and other health conditions. Provide education and training for other employees. Business development and management including operations. Create and develop assessment protocols and treatment team plans. Establish clinical protocol and clinical decision making for the practice. Monitor and track success and goals. Develop protocol for other clinical staff and administrative staff. Direct and conduct organizational meetings. Serve as a preceptor at the location for multiple universities. Typically rotating 10-20 students per semester.

Reason For Leaving: Left for a practice with a better management team

Address: 4191 Crescent Drive, Suite A, St. Louis, MO 63129

Phone: 314-939-1322

Website: <https://compassionatehc.net/>

Supervisor: Self

Collaborator: Dr. Bello Adejoh



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CLINICAL/MEDICAL DIRECTOR • AGM IOP • SEPTEMBER 1, 2015 TO JANUARY 1, 2018

Job Description: Involvement at all levels of individualized patient care and supervision for all persons serving the facility. Oversee and guide the clinical care provided to patients in the program. Clinician who oversees and guides the vision of quality improvement, operations, day-to-day aspects of organizational function, and oversees the other practitioners conducting clinical and direct patient care. Conduct assessment, diagnosis, and management of patients with psychiatric and substance use disorder. Develop quality care improvement project, develop education and credentialing materials to keep facility within compliance standards for the industry. Ensure that medical staff and facility staff understand the policies and procedures to maintain quality outcomes. Ensure proper utilization review of all medical documentation for the facility. Develop and implement Intensive Outpatient programming. Developed the program to Joint Commission standards. Created and developed assessment protocols and treatment team plans. Established clinical protocol and clinical decision making for the program. Monitor and track success and goals. Maintain documentation required by Joint Commission for Accreditation purposes for the program. Developed protocol for other clinical staff and administrative staff. Directed and conducted organizational meetings. Chart audits and other documentation quality checks. Mediated staff disputes in conjunction with Human Resources. Developed all clinical documentation that was utilized and developed for the program. Served as a preceptor at the location for multiple universities. Typically rotating 10-20 students per semester.

Reason For Leaving: Left to resume self-employment

Address: 10199 Woodfield Lane, Saint Louis, MO 63132

Phone: 314-720-0899

Supervisor: Dr. Franco Sicuro

Collaborator: n/a

NURSE PRACTITIONER PMHNP-PRECEPTOR-SUPERVISOR • ADVANCED GERIATRIC MANAGEMENT • SEPTEMBER 1, 2014 TO JANUARY 1, 2018

Job Description: Working in collaboration with Dr. Franco Sicuro. Supervise clinical / office staff and students. Providing psychiatric assessments, medication management, therapeutic services for psychiatric patients in an outpatient setting. Function independently to perform age-appropriate history and physical for complex and chronically ill patients. Work with clients with substance use disorder and requiring detoxification. Saw patient in nursing home settings. Develop protocols for my own patient panel and the entire practice. Order and interpret diagnostic and therapeutic tests relative to patient's age-specific and individualized health needs. Implement interventions to support the patient to regain or improve physiologic and psychiatric stability. Improve patient health to decrease hospital admissions, decrease severity of chronic conditions, and improve long term functional outcomes. Monitor the effectiveness of interventions. Facilitate patient transitions between healthcare settings including admissions, transferring, and discharges from facilities. Collaborate to ensure appropriate referrals are made. Facilitate staff and their care for the patient. Facilitate communication and decision making for patients and



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their family by providing educational support tools. Also provide psychiatric assessments, medication management, and therapeutic services for nursing home patients and intensive outpatient clients. Clientele ranges in all ages from children to geriatric patients. Other services include providing specialty services in an LGBTQ friendly environment, working with traumatic brain injury patients, and autism spectrum patients. Monitor psychiatric and health conditions in an integrative health model. Order necessary lab work, sleep studies, or other tests needed dependent on psychiatric and other health conditions. Currently working in the outpatient clinic as well as the Intensive Outpatient Program at AGM and DePaul Hospital. Medical and Nurse Practitioner students clinically shadow me for medical and clinical rotations from multiple universities. Help to identify patients for current research studies according to study protocol. Ensure that patients are monitored in the outpatient setting and medicated as appropriate to protocol and research standards. Developed a student rotation model to ensure the training of potential nurse practitioner employees while also developing a system to offer educational services to multiple universities. Serve as a preceptor at the location for multiple universities. Typically rotating 10-20 students per semester. Tricare certified.

Reason For Leaving: Left to resume self-employment

Address: 10199 Woodfield Lane, Saint Louis, MO 63132

Phone: 314-720-0899 (practice closed)

Supervisor: Dr. Franco Sicuro

Collaborator: Dr. Franco Sicuro

CONTRACTOR-PMHNP-SUPERVISOR • LGBTQ PSYCHIATRIC SERVICES OF ST. LOUIS • SEPTEMBER 14, 2013 – SEPTEMBER 15, 2014

Job Description: Worked in collaboration with Dr. Jordan Balter. Supervise clinical staff. Provided psychiatric assessments, medication management, therapeutic services for psychiatric patients in an outpatient setting. Clientele ranges in all ages from children to geriatric patients. Also provided specialty services in an LGBTQ friendly environment to offer psychiatric services as well. Monitored psychiatric and health conditions. Work with clients with substance use disorder and requiring detoxification. Order necessary labwork, sleep studies, or other tests needed dependent on psychiatric and other health conditions. Helped manage physician patients when physician was unavailable for being in the clinic. Develop tools for complex substance use patient for the clinic. Develop monitoring protocols for my own patient panel and the entire practice and lab partnerships to better assess, manage, and treat all patients in addition to complex medication assisted patients undergoing treatment for substance use disorders. Ensure diversity and individual treatment for patients with complex needs related to sensitive populations. Tricare certified.

Reason For Leaving: Physician deceased and collaborative terminated upon death.

Address: 4173 Crescent Drive, St. Louis, MO 63123

Phone: 844-801-3563 (practice closed)

Supervisor: Dr. Jordan Balter



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Collaborator: Dr. Jordan Balter

ADMINISTRATIVE SUPERVISOR • MEMORIAL EPWORTH PSYCHIATRIC HOSPITAL • MARCH 1, 2011, - MARCH 15, 2013

Job Description: Worked as a weekend alternative administrative supervisor. In charge of four psychiatric units including: an acute adult unit, depression unit, child & adolescent unit, and a geriatric unit as well as an admissions triage area. Managed nursing staff; staffed the units according to unit matrixes, performed fitness for duty; worked as a liaison with the medical hospital, security, and other departments within the hospital. Acted as nursing manager for the off hours when management was not present on campus. Assisted nurses in duties when there were shortages in staffing. Helped develop protocols, policy and procedure tools, seclusion and restraint tools as well after Memorial purchased Madison Center psychiatric hospital. Worked with administration especially the Chief Nursing Officer and Chief Safety officer to develop policies and procedures that met Joint Commission standards for inpatient psychiatric care. Worked with the hospital education coordinator on developing educational tools to assist teaching staff about procedures, medications, and other relevant information to the treatment and care of psychiatric inpatients. Also worked directly with multiple physicians and nurse practitioners that were in charge of patient care on the psychiatric units. Medical Director: Dr. Suhayl Joseph Nasr.

Reason For Leaving: Mutual separation from employment. New management.

Address: 403 E. Madison Street, South Bend, IN 46617

Phone: 574-647-7458

Website: <https://www.beaconhealthsystem.org/>

Supervisor: Connie McCahill

Collaborator: n/a

ACUTE CARE FLOAT POOL RN • ELKHART GENERAL HOSPITAL • NOVEMBER 2010 - MARCH 1, 2011

Job Description: Work as an acute care float. Float to all areas of the hospital including, medical surgical, progressive care unit, intermediate care center, critical care center, emergency department, chest pain observation, pediatrics, center for behavioral medicine, oncology, post-surgical, total joint, and rehabilitation units. Specialized training for acute care included having ACLS certifications as well as EKG strip reading and monitoring. With specialized psychiatric experience many medical/psych patients were placed in my care on the medical units to address their specific needs.

Reason For Leaving: Requested by CNO at Memorial to return as a full-time supervisor to assist with Joint Commission accreditation and to be part of leadership team. Higher pay.

Address: 600 East Boulevard, Elkhart, IN 46514

Phone: 574-296-6444

Website: <https://www.beaconhealthsystem.org/>



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Supervisor: n/a

Collaborator: n/a

PRN CHARGE FLOAT NURSE • MEMORIAL EPWORTH PSYCHIATRIC HOSPITAL • JULY 1, 2010 TO MARCH 1, 2011

Job Description: Worked PRN on multiple psychiatric units including Geriatric Psychiatry, Adult, and Acute care psychiatric units. Perform the primary functions of a Registered Nurse in assigning, planning, implementing, and evaluating the care of a designated group of patients for a designated time frame. Float to adult, geriatric, child/adolescent, Medicaid/MRDD unit, areas within the hospital. Administer medications as ordered and monitor for side effects and treatment effects of specific medications.

Reason For Leaving: Requested by CNO at Memorial to return as a full-time supervisor to assist with Joint Commission accreditation and to be part of leadership team.

Address: 403 E. Madison Street, South Bend, IN 46617

Phone: 574-647-7458

Website: <https://www.beaconhealthsystem.org/>

Supervisor: Tim Sullivan

Collaborator: n/a

CHARGE FLOAT NURSE • MADISON CENTER • NOVEMBER 2010 TO MARCH 2011

Job Description: Perform the primary functions of a Registered Nurse in assigning, planning, implementing, and evaluating the care of a designated group of patients for a designated time frame. Float to adult, geriatric, child/adolescent, Medicaid/MRDD unit, areas within the hospital. Administer medications as ordered and monitor for side effects and treatment effects of specific medications. Medical Director: Dr. Desidero Pina

Reason For Leaving: Preferred 12 hour shifts for school and higher pay.

Address: 403 E. Madison Street, South Bend, IN 46617

Phone: 574-647-7458 (bought by Memorial Hospital and Beacon Health System)

Supervisor: Tim Sullivan

Collaborator: n/a

CHARGE NURSE • BARNES JEWISH HOSPITAL • FEBRUARY 2010 – JULY 2010

Job Description: Work as a registered nurse in a Magnet Status hospital. Perform the primary functions of a Registered Nurse in assigning, planning, implementing, and evaluating the care of a designated group of patients for a designated time frame. Float to other areas within the psychiatric department including an ICU/Acute unit, geriatric unit, adult unit, and an ECT unit. Monitor for side effects of treatment effects of specific medications.

Reason For Leaving: Mother passed away and moved closer to father struggling with multiple sclerosis.



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Address: One Barnes-Jewish Hospital Plaza St. Louis, MO 63110

Phone: 314-362-5640

Website: <https://www.barnesjewish.org/>

Supervisor: Marilyn Poole

Collaborator: n/a

REGISTERED NURSE COMMUNITY HEALTH • BEHAVIOR INTERVENTION SERVICES – • NOVEMBER 2009 – JULY 2010

Job Description: Perform health assessments of patients in the community with both medical and behavioral health needs per state requirements. Many patients also had either MRDD or Autism diagnoses in addition to psychiatric and medical health conditions. Provide in-services for staff at Behavioral Health Intervention staff on nursing and medical procedures, medications administration, diseases and disorders, and other related education needed to care for clients. Developed presentations and PowerPoint presentations to assist in the educating of staff within the company. Serve as a medical liaison for Behavior Intervention Services. Sit as a member of the Human Rights committee. Act as the medical on call service provider for treatment interventions as necessary. Refer to the proper specialists after assessing patients' needs. Worked with clients of all ages from adolescents to older adults.

Reason For Leaving: Mother passed away and moved closer to father struggling with multiple sclerosis

Address: Behavior Intervention Services, 5389 Arsenal Street, St. Louis, MO 63139

Phone: 314-395-9375

Website: <https://behaviorinterventionservices.com/>

Supervisor: Darla Halloran

Collaborator: n/a

CHARGE FLOAT NURSE • MISSOURI BAPTIST HOSPITAL - SULLIVAN • AUGUST 2009 – FEBRUARY 1, 2010

Job Description: The New Hope Senior Behavioral Health Center at Missouri Baptist Sullivan Hospital provides treatment for people 55 and older who need structured psychiatric care in a warm, supportive environment. Perform the primary functions of a Registered Nurse in assigning, planning, implementing, and evaluating the care of a designated group of patients for designated time frame. Float to other areas of the hospital as required: Medical surgical, ER, Labor and Delivery, Nursery, and Post-Partum units. Mostly worked in the geriatric psychiatry environment as a registered nurse. Administered medications as ordered and monitored for side effects and treatment effects.

Reason For Leaving: Main hospital closer to home and higher pay

Address: 751 Sappington Bridge Rd., Sullivan, MO 63080

Phone: 573-468-4186

Website: <https://www.missouribaptistsullivan.org/>

Supervisor: Martha Senter



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Collaborator: n/a

MEDICAL ASSISTANT • FOREST PARK PEDIATRICS • JUNE 1, 2009 – AUGUST 1, 2009

Job Description: Perform all functions as a medical assistant. Perform comprehensive nursing assessment / reassessment. Document patient assessment findings including, physical, psychosocial, spiritual, and cultural needs. Provide timely ongoing patient reassessment documenting pertinent observations according to the patient plan of care. Provide patient / family education and discharge planning per documentation guidelines and protocol. Transcribe and implement physician orders in an accurate and timely manner. Telephone and Fax patients' prescription orders. Educate patients and family on specific diagnoses with handouts and brochures regarding specific treatments and illnesses. Perform screenings for ADHD and Autism using tests like Wechsler Intelligence Scales for Children-IV (WISC-IV) and WAIS-IV. Administer childhood vaccinations. Administer Vision and Hearing Screening. Perform laboratory assessments for acute illness including but not limited to rapid strep tests, urinalysis and cultures, blood glucose checks, and throat cultures. Perform education on using equipment such as peak flow meters, medication inhalers, or breathing treatment equipment. Educated patients on the use of insulin and epinephrine pens. Set up radiological, laboratory, and other procedures for patients. Work collaboratively with the physician on patient care.

Reason For Leaving: To utilize my RN degree and higher pay

Address: 4488 Forest Park Ave., Suite 230, St. Louis, MO 63110

Phone: 314-362-4433

Supervisor: Dr. Paul Simons

Website: <https://forestparkpediatrics.wustl.edu/>

Collaborator: n/a

ASSISTANT TO THE REGIONAL VICE PRESIDENT • HELMS BRISCOE • JUNE 2005 – JUNE 2009

Job Description: Assist the regional vice president on multiple projects. Assist with the development of team training manuals. Assist in training the new regional associates with their training to start with cold calling, client procurement, and setting up their offices. Assist with database development for the hotel and travel industry that included small, medium, and large hotels, cruise lines, and convention centers with an emphasis on convention and meeting space. Provide assistance for answering telephones, delivering messages. Travel nationally to corporate and regional meetings. Assist with the management of large corporate clients including but not limited to Federal Express, Graybar, Investigative Reporters and Editors, BICSI, The American Heart Association, and others. Set up mailings, obtained corporate gifts, marketing tool development.

Reason For Leaving: To return to school and obtain a degree in medicine/healthcare.

Address: Lansdowne Ave., St. Louis, MO 63110

Phone: 614-328-4500 (office now closed)



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Website: <https://www.helmsbriscoe.com/>

Supervisor: Timothy Giddens

ADMINISTRATIVE ASSISTANT-MEETING PLANNING • INVESTIGATIVE REPORTER'S AND EDITORS • JUNE 2003 – SEPTEMBER 2003

Job Description: Assist with the planning of local conference events and national conference events. Travel for national conference events to assist with booth and conference set up. Prepare conference manuals, contact vendors to ensure conference details are managed for the event. Operate as the assistant to the meeting planner.

Reason For Leaving: To focus on school.

Address: 221 S. Eight St., Columbia, MO 65201

Phone: 573-882-2042

Website: <https://www.ire.org/>

Supervisor: Ev Ruch-Graham

SKILLS

Proficient in both Mac and Windows platforms, ASANA, Slack, Sharepoint, Microsoft Teams, Canvas, Facebook Workplace, Endnote, **5 years German coursework**, Beginning Spanish-Dulingo (<1 year), blogging, consultant website content, ChatGPT

EHR / Medical Technology: Emttek, Meditech, ClinDesk, COMPASS, McKesson, EPIC, EClinicalWorks, Practice Fusion, Cerner, CareCloud, Kareo, Athena Health, Neuroflow, Klara, BuzzHealth, CallMyDoc, Cambridge Brain Sciences, Doxy.me, Epion, Square, Doximity

Other: Peer Reviewer (Cureus, Nursing Open); Online Study platforms (Reckner, Schlesinger Group, My Impact Network, MNow Team, IQVIA, Opinion Site)

AFFILIATIONS



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Universities

- Northern Kentucky University – Clinical Preceptor
- Eastern Kentucky University – **Honorary Adjunct Instructor**- Clinical Preceptor
- **Maryville University in St. Louis – Adjunct Faculty & Clinical Preceptor**
- University of Cincinnati – Clinical Preceptor
- **Saint Louis University** – Clinical Preceptor
- University of South Alabama-Clinical Preceptor
- Chamberlain College of Nursing-Clinical Preceptor
- University of Missouri Columbia-Clinical Preceptor 2015-2020
- University of Missouri Kansas City – Clinical Preceptor
- University of Missouri Saint Louis-Clinical Preceptor 2015-2019
- Missouri State University – Clinical Preceptor
- **Honorary Clinical Instructor** Walden University – Clinical Preceptor
- Indiana University School of Nursing – Clinical Preceptor
- Frontier University – Clinical Preceptor
- Walden University – Clinical Preceptor
- Washburn University – Clinical Preceptor
- University of Southern Indiana – Clinical Preceptor
- Southern Illinois University Edwardsville – Clinical Preceptor

Hospitals

- SSM DePaul Hospital, Bridgeton, MO (2015-2017)
- Mercy Hospital (South) (2020)

Pharmaceutical Companies (2015-2022)

- Avanir – Key Opinion Leader, Advisory Board Member, Schizophrenia
- Allergan – National Speaker for Fetzima, Viibryd, Ubrelvy, Vraylar – Key opinion leader, NP thought leader, Advisory Board Participant, Steering Committee
- Genomind
- Sunovion – Advisory Board
- Otsuka – Speaker for Rexulti
- Lundbeck – Speaker for Rexulti
- Neurocrine – Speaker for Ingrezza





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VOLUNTEER / COMMUNITY EXPERIENCE

2022, 2023 COMMUNITY CHRISTMAS

2014-2017 RESPONDER RESCUE PROVIDER THROUGH AGM

PUBLICATIONS (ARTICLES, POSTERS, PRESENTATIONS, CME)

Giddens, J. (2025). Childhood Fevers Heat Up ADHD Risk. [Review] <i>Carlat Report Child Psychiatry</i> , 10
Racial/Ethnic Disparities in Gastroenterology Care: Real-World Strategies to Address Inequities in Treatment and Outcomes. CME Non-Live Webcast. Knowfully Learning Group for a grand from Johnson & Johnson; 2023. (Scientific Director) Faculty: Monica Peek, MD; Anita Afzali, MD
Racial/Ethnic Disparities in Dermatology Care: Real-World Strategies to Address Inequities in Treatment and Outcomes. CME Non-Live Webcast. Knowfully Learning Group for a grand from Johnson & Johnson; 2023. (Scientific Director) Faculty: Monica Peek, MD; Candrice R. Health, MD
Racial/Ethnic Disparities in Mental Health Care: Real-World Strategies to Address Inequities in Treatment and Outcomes. CME Non-Live Webcast. Knowfully Learning Group for a grand from Johnson & Johnson; 2023. (Scientific Director) Faculty: Monica Peek, MD; Rakesh Jain, MD, MPH
Racial/Ethnic Disparities in Cardiac Care: Real-World Strategies to Address Inequities in Treatment and Outcomes. CME Non-Live Webcast. Knowfully Learning Group for a grand from Johnson & Johnson; 2023. (Scientific Director) Faculty: Monica Peek, MD; Sunil V. Rao, MD
Population-Based Health in Practice: Addressing Health-Related Social Needs for Veteran Patients. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)
Population-Based Health in Practice: Improving Gender-Informed Care Through an Understanding of Personal Pronouns. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)
Population-Based Health in Practice: Addressing Health-Related Social Needs for LGBTQ+ Patients. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)



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Population-Based Health in Practice: Addressing Health-Related Social Needs for Individuals with Disabilities. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Population-Based Health in Practice: Addressing Health-Related Social Needs for Aging Populations. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director) Faculty: Carl Hill PhD, MPH; Nathaniel A. Chin, MD

Population-Based Health in Practice: Addressing Health-Related Social Needs for Hispanic/Latino Patients. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Population-Based Health in Practice: Addressing Health-Related Social Needs for Rural-Residing Patients. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Population-Based Health in Practice: Addressing Health-Related Social Needs for Indigenous/American Indian/Alaska Native Patients. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Population-Based Health in Practice: Addressing Health-Related Social Needs for Black/African American Patients. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Population-Based Health in Practice: Addressing Health-Related Social Needs. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Policies in Practice: Integrating HEDIS and CAHPS Measures into Clinical Care for Medicaid Beneficiaries. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Policies in Practice: Integrating Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Services into Clinical Care for Medicaid Beneficiaries. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Culturally Respectful Care: Integrating Equitable Depression Screening and Linkage to Care in Your Practice. CME Non-Live Webcast. Knowfully Learning Group for a Grant from CVS Health; 2023. (Scientific Director)

Enhancing the Value of Choice for Clinical Management of Uterine Fibroids Through Shared Decision-Making. Knowfully Learning Group for a Grant from Pfizer; 2023. August 25, 2023. (Scientific Director) – Faculty Ayman Al-Hendy, MD, PhD; Nisha McKenzie, PA-C; and Tanika Gray Valbrun from the White Dress Project

Guiding the Clinical Management of Uterine Fibroids. Knowfully Learning Group for a Grant from Pfizer; 2023. August 14, 2023. (Scientific Director) – Faculty Ayman Al-Hendy, MD, PhD and Andrea Lukes, MD

The HPO Axis and the Estrogen Threshold Hypothesis in Uterine Fibroids: Paving the Way for Novel Treatments. CME Non-Live Webcast. Knowfully Learning Group for a Grant from Pfizer; 2023. August 9, 2023. (Scientific Director) – Faculty: Ayman Al-Hendy, MD and Erica Marsh, MD



Empathizing Through Understanding: Impact of Uterine Fibroids. CME Non-Live Recording. Knowfully Learning Group for a Grant from Pfizer; 2023. June 23, 2023. (Scientific Director) –
Identifying and Serving Patients with Limited English Proficiency (LEP). CME Non-Live Webcast. Knowfully Learning Group for a CareSource Grant; 2023. September 1, 2023. (Scientific Director) – Faculty – Ayman Al-Hendy, MD, PhD; Lauren Powell, MD; and Tanika Gray Valbrun from The White Dress Project
Validating the Patient Experience through Trauma- and Gender- Informed Care. CME Non-Live Webcast. Knowfully Learning Group for a CareSource Grant; 2023. October 2023. (Scientific Director)
Examining Your Role in Inclusive Patient Management to Improve Health Equity. CME Non-Live Recording. Knowfully Learning Group for a CareSource Grant; 2023. June 6, 2023. (Scientific Director)
Foundation Principles of Cultural Humility and Safety in Health Care Delivery. CME Non-Live Webcast. Knowfully Learning Group for a CareSource Grant; 2023. May 3, 2025. (Scientific Director) Faculty – Monica Vela, MD; Charles Vega, MD
Disparities in Behavioral Health: Addressing Barriers and Improving Patient Outcomes. Knowfully Learning Group for CVS Health Grant; 2023. May 15, 2023. (Scientific Director) Faculty – Monica Peek MD, MPH; Neil Aggarwal, MD, MA, MBA
Actionable Strategies for Pharmacy Technicians in Inclusive Patient Management and Respectful Care. CME Non-Live Webcast. Knowfully Learning Group for CVS Health Grant; 2023. June 16, 2023. (Scientific Director) Faculty – Dana Bowen Matthew JD, PhD, Keyerra Buckley, B.Sc, CPhT
Actionable Strategies in Your Role as a Pharmacist in Inclusive Patient Management and Respectful Care. CME Non-Live Recording. Knowfully Learning Group for CVS Health Grant; 2023. May 1, 2023. (Scientific Director) Faculty – Sally Arif, PharmD, BCPS; Kevin Astle, PharmD, BCPS, BCACP, AAHIVP, CDCES
Actionable Strategies in Your Role as a Nurse in Providing Inclusive and Respectful Care for All Patients. CME Non-Live Webcast. Knowfully Learning Group for CVS Health Grant; 2023. April 28, 2023. (Scientific Director) Faculty- Tiffany Gibson BSN, MSN; Frankie Kuehnle, MSN, RN-BC.
Actionable Strategies in Your Role as an Advanced Practice Provider in Creating Equitable Care. CME Non-Live Webcast. Knowfully Learning Group for CVS Health Grant; 2023. May 1, 2023. (Scientific Director) Faculty – Vanessa Pomarico EdD, APRN, FNP-BC, FAANP; Diane M. Bruessow, PA-C, DFAAPA
Actionable Strategies in Your Role as a Physician in Inclusive Patient Management and Respectful Care. CME Non-Live Webcast. Knowfully Learning Group for CVS Health Grant; 2023. April 28, 2023. (Scientific Director) Faculty – Monica Peek, MD, MPH; Monica Vela, MD
Actionable Strategies for the Behavior Health Team in Inclusive Patient Management and Respectful Care. CME Non-Live Webcast. Knowfully Learning Group for CVS Health Grant; 2023. May 1, 2023. (Scientific Director) Faculty – Madhuri Jha, MPH, LCSW; Pierluigi Mancini PhD



Culturally Respectful Care: Foundational Principles for Self- and Practice Evaluation. CME Non-Live Webcast. Knowfully Learning Group for CVS Health Grant; 2023. March 31, 2023. (Scientific Director) Faculty – Monica Peek, MD, MPH; and Cristina Gonzalez, MD, MEd
Mental Health Care: Real-World Tactics to Address Health Inequities. CME Brief-Case Non-Live Webcast. Knowfully Learning Group for Johnson & Johnson; 2022. (Scientific Director)
NP Psychiatric Navigator – Content Writer – [NP specific website] pre – launch
2020 Allergan Poster Publication APNA Cariprazine
2020 Allergan Poster Publication AANP Cariprazine
Vieta, E., Calbreses, J.R., Whelan, J., Tohen, M., & Earley, W. (2021). The efficacy of cariprazine on function in patients with bipolar depression: a <i>post hoc</i> analysis of a randomized controlled trial. <i>Current Medical Research and Opinion</i> , 37:9, 1635-1643, DOI: 10.1080/03007995.2021.1932446.
Rolin, D., Whelan, J., & Montano, C. B. (2020). Is it depression or is it bipolar depression? <i>Journal of the American Association of Nurse Practitioners</i> , 32(10), 703-713. doi:10.1097/jxx.0000000000000499
Whelan, J. (2018). <i>Grassroots Advocacy: Amplifying the Voice of my Patients</i> . ANA. Retrieved December 14, 2022, from https://ana.aristotle.com/SitePages/jessicawhelan.aspx
Whelan, J. <i>N-methyl-D-Aspartate Antagonists in the Positive and Negative Symptoms of Schizophrenia</i> [Unpublished Manuscript]. University of Missouri.
Whelan, J. <i>Improving Access to Mental Health Care With Nurse Practitioners</i> [Unpublished Manuscript]. University of Missouri.

PUBLICATIONS (BOOKS)

Scaglione, K., Davis, C., Giddens, J. (2022). *Resilience with Vision of the Future: My Story. Rising with Resilience*. UpsiDaisy Press.



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PEER REVIEWS

CMEO (2025). <i>"GLP-1 RA Myths & Myths & Realities: Navigating Safety and Tolerability."</i>
CMEO (2025). <i>"Awakening Clinical Competence: Empowering Advanced Practice Providers in the Diagnosis and Management of Narcolepsy and Idiopathic Hypersomnia."</i>
CMEO (2025). <i>"MEK Inhibitors in Neurofibromatosis Type 1: Nursing Contributions to NF1-PN Management."</i>
CMEO (2025). <i>"From Data to Decisions: Real-World Case Studies in Personalized GLP-1 RA Therapy for T2D."</i>
CMEO (2025). <i>"Exploring the Multifaceted Role of GLP-1 Ras"</i>
CMEO (2025). <i>"Improving Veteran Health Through Evidence-based, Patient-centric Obesity Care."</i>
CMEO (2025). <i>"The Promise of Folate Receptor Alpha-Targeting ADCs for Platinum-Resistant Ovarian Cancer."</i>
CMEO (2025). <i>"Enhancing Pediatric Vaccination Through Science Trust: A Guide for Healthcare Teams."</i>
CMEO (2025). <i>"Precision Rules in Medicine: The Evidence Propelling IBD Treatments to Hit the Target."</i>
CMEO (2025). <i>"Closing Gaps in Care: Re-framing Treatment Approaches from Reactive to Proactive in IBD."</i>
CMEO (2025). <i>"Casting the Net: Precision Medicine for Greater Outreach and Better Outcomes in IBD."</i>
CMEO (2025). <i>"Seeing the Unseen: Early Recognition and Individualized Management of Acromegaly."</i>
Nursing Open (2020). <i>"Anxiety, depression and social support in Chinese pregnant women with a history of recurrent miscarriage: a longitudinal study."</i>



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SPEAKING ENGAGEMENTS

Giddens, J. Effects of Social Media on Mental Health. Presented at: APNA State Meeting; July 2024; Virtual
Giddens, J. Diversity, Equity, Inclusivity in Mental Health. Presented at: APNA State Meeting; July, 2024; Virtual
Giddens, J. Artificial Intelligence Mental Health. Presented at: APNA State Meeting; April, 2024; Virtual.
Giddens, J. Digital Therapeutics. Presented at: APNA State Meeting; March, 2024; Virtual.
Jenkins J, Whelan J. Bipolar disorder across the spectrum: novel screening tools and treatment options. Presented at: Psych Congress Elevate; June 11–13, 2021; Virtual. https://www.youtube.com/watch?v=w8JHPLVgvjA
Whelan, J. (2015-2022) Over 200 national speaker engagements : Allergan, Otsuka, Neurocrine, Genomind, and Avanir
Whelan, J. (2020). <i>ADHD</i> [Webcast Presentation]. Missouri Nurse's Association Conference
Whelan, J. (2020). Cariprazine and Bipolar Depression Allergan Product Theatre [Conference Presentation]. American Psychiatric Nurse's Association Conference. New Orleans, LA.
Whelan, J. (2020). <i>Epigenetics and Workplace Violence Prevention</i> . [Conference Presentation]. American Psychiatric Nurse's Association Conference. New Orleans, LA
Whelan, J. (2019). <i>Pharmacogenomics</i> [Conference Presentation]. Missouri Department of Mental Health Yearly RN Meeting.
Whelan, J. (2019). <i>Pharmacogenomics</i> [Webcast Presentation]. Otsuka Sales Force Presentation
Whelan, J. (2019). <i>Pharmacogenomics</i> [Conference Presentation]. University of Missouri Annual Symposium
Whelan, J. (2019). <i>Pharmacogenomics</i> [Conference Presentation]. St. Louis Nurse's Association Annual Symposium
Whelan, J. (2019). <i>Pharmacogenomics</i> [Conference Presentation]. University of Missouri Annual Symposium
Whelan, J. (2019). <i>Allergan Product Theatre</i> [Conference Presentation]. Arizona Nurse's Association Annual Conference
Whelan, J. (2019). <i>Ingrezza</i> [Conference Presentation]. Association of Missouri Nurse Practitioner Association



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WEBCASTS

Whelan, J., Jackson T., & Jackson, T. (February 25, 2021). Dee Jackson Foundation Power of Love: Neurodiversity and Mental Health Stigmas with Dr. Jessica Whelan.
https://www.youtube.com/watch?v=YI5WmzQld_k

Whelan, J., Jackson T., & Jackson, T. (September 2, 2021). Dee Jackson Foundation Power of Love: Coping With the Sudden Onset of Anxiety' with Dr. Jessica Whelan.
<https://www.youtube.com/watch?v=yaG60thIfRQ>

Whelan, J. Bipolar disorder and the brain: NP psych navigator. Bipolar Disorder and the Brain | NP Psych Navigator. https://www.nppsychnavigator.com/NP_Perspectives/Clinical-Insights/Bipolar-disorder-and-the-brain. Accessed November 23, 2022.

Whelan, J. Abbvie. Considerations When Making a Treatment Plan. | NP Psych Navigator. https://www.nppsychnavigator.com/NP_Perspectives/Clinical-Insights/Considerations-when-making-a-treatment-plan. Accessed November 24, 2022.

Meet the NAVUnite Team. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=2692854230948760>

NAVUnite: Catching up with Jessica Freazier. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=517954532467694>

NAVUnite: Hearts & Minds of Nurses. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=838588223323191>

NAVUnite: Ready to Rock!! Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=644352679441651>

NAVUnite: Disrupting the Status Quo. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=1135525523451473>

Nurses Against Violence Unite: The Future of Nursing. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=1586630208178567>

Nurses Against Violence Unite Meet Mrs. Tiffeney Pointer. Nurses Against Violence Unite.
<https://www.hihealthsystem.com/webcasts>

NAVUnite: Nursing Leadership Summit. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=561538124534923>

Nurses Against Violence Unite: Underreporting. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=698243621028809>

Nurses Against Violence Unite: COVID Healthcare W... Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=322990605423918>



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Nurses Against Violence Unite. <https://www.facebook.com/watch/?v=1105375833213266>

The Mental Wellness Struggle. Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=1522984111422726>

Nurses Against Violence Unite: Changing the Culture...Nurses Against Violence Unite.
<https://www.facebook.com/watch/?v=741853650099697>

TELECASTS

Whelan, J. (2020, December, 9). *Vraylar Virtual Media Tour* [Television broadcast].

- Kathrynraakers World – Regional - Live to Tape
- Park City TV – Salt Lake City – IND - Live to Tape
- WWMT – Grand Rapids – CBS – Live to Tape

PODCASTS

Whelan, J., Sarrami, B. (2021) PGX in Mental Health | PGx for Pharmacists.
<https://podcasts.apple.com/us/podcast/pgx-in-mental-health-pgx-for-pharmacists/id309303712?i=1000530473134>

Matthew-Hayes, T. & Whelan J. Using Patient Values to Determine Outcomes that Matter to Patients with Bipolar Disorder:

https://www.nppsychnavigator.com/NP_Perspectives/Peer-Exchanges/Using-Patient-Values-to-Determine-Outcomes-that-Ma Accessed November 24, 2022.



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Manudhane, P. & Whelan, J. Understanding the Unique Training and Value of Nurse Practitioners. https://www.nppsychnavigator.com/NP_Perspectives/Peer-Exchanges/Value-of-Nurse-Practitioners. Accessed November 24, 2022.

RADIOCASTS

Whelan, J. (2020, December, 9). *Vraylar Virtual Media Tour* [Radio broadcast].

- WNPQ-FM - Cleveland - Live
- WYRQ-FM - Minneapolis - Live
- WNNK-FM - Harrisburg-Lancaster - Live
- WIMS-AM - Chicago - Live
- Michigan Mama News - National - Live to Tape
- Health Professional RA - National - Live to Tape
- WGVU-FM - Grand Rapids - Live to Tape
- Main Street Radio - National - Live to Tape
- WOCA-AM - Orlando - Live to Tape
- Goodnewsplanet.com - National - Live to Tape
- KKVI-FM/KYBS-FM - Dallas Ft-Worth - Live
- KRMG-AM/FM - Tulsa - Live to Tape
- It's Just Us Radio - National - Live to Tape
- WGTH-AM - Bluefield - Live to Tape
- WAEC-AM - Atlanta - Live to Tape
- WAGG-AM - Birmingham - Live to Tape
- What's Cookin' Today - National - Live
- KHEY-AM - El Paso - Live to Tape

Harvey, S., Whelan, J. & Scaglione, K., (2020, June, 6). *LGBTQ Healthcare (With Guest Dr. Karen Scaglione)* [Radio broadcast]. Saint Louis, MO: Entercom <https://omny.fm/shows/the-medical-beat-saturday-10a-11a/lgbt-healthcare-with-guest-dr-karen-scaglione>

Harvey, S. & Whelan, J. (2020, May, 9). *COVID-19 Updates: Dr. Harvey and co-host Dr. Jessica Whelan Go Over Latest Regarding Pandemic.* [Radio broadcast]. Saint Louis, MO: Entercom



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<https://omny.fm/shows/the-medical-beat-saturday-10a-11a/covid-19-updates-dr-harvey-and-co-host-dr-jessica>

Harvey, S., Risoldi, S., & Whelan, J. (2020, May, 9). Dr. *Stacy Interview* [Radio broadcast]. Saint Louis, MO: Entercom

Harvey, S., Whelan, J., Cohen, R., & Meyer, H. (2020, March 28). *The Medical Beat 3-7-20* [Radio broadcast]. Saint Louis, MO: Entercom <https://omny.fm/shows/the-medical-beat-saturday-10a-11a/the-medical-beat-3-7-20>

Harvey, S. & Whelan, J. (2020, February, 20) *Eye on Health 2/1/20* [Radio broadcast]. Saint Louis, MO: Entercom. <https://omny.fm/shows/the-medical-beat-saturday-10a-11a/eye-on-health-2120>

APPENDIX: A

Course
Fall 2002 University of Missouri Columbia
Exempt (College Algebra)
English: Intro to Film Studies: Beg. – 1945 (Writing Intensive)
Food Science: World Food And You
Proseminar
Choir Ensemble: Chamber Singers
General Psychology-
Intro To Statistical Reason (Statistics)
The Theatre in Society
Winter 2003 University of Missouri Columbia
Computer Proficiency
Principles of Microeconomics
General Principles & Concepts Biology
General Biology Lab
Elementary German 3
Principles of American Journalism
Choir Ensemble: Chamber Singers



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Production Workshop
Summer 2003 St. Louis University
Introduction to Literary Studies (American Literature)
Fall 2003 University of Missouri Columbia
Human Sexuality in Psychology
Major World Religions
Stage Movement for the Actor
Beginning Scenic Construction Lab
Acting I
Winter 2004 University of Missouri Columbia
Musical Theatre Performance
Stage Makeup
Principles of Script Analysis (Writing Intensive)
Technical Theatre Practicum
Sound Design
World Dramatic Literature
Fall 2004 University of Missouri Columbia
Basic 2-D Design
Beginning Ceramics
Introduction to Theatre Design
Computer Graphics
Theatrical Directing
Capstone
Winter 2005 University of Missouri Columbia
General Honors: Introduction To Israeli Culture
Peace Studies: Theory/Practice Theatre of the Oppressed
Introduction Theatre History
Stage Lighting Design
Other Coursework University of Missouri St. Louis
German I
Introduction to American Politics
Introduction to Comparative Politics
Freshman Composition
German II



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Analytical Geometry & Calculus I
2006 & 2007 St. Louis Community College
Anatomy and Physiology I
Microbiology
Human Growth and Development in Psychology
Anatomy and Physiology II
Nutrition
Summer 2008 Goldfarb School of Nursing
Disciplines of Nursing (96 clinical hours) – Professor Janet Whitworth ANP
Health Assessment
Pathophysiology
Pharmacology
Fall 2008 Goldfarb School of Nursing
Women's Health (48 clinical hours)
Adult Health I (96 clinical hours)- Professor Chris Seckman ANP
Psychiatric Nursing (48 clinical hours)
Research in Nursing
Spring 2009 Goldfarb School of Nursing
Leadership in Nursing
Adult Health II and Senior Synthesis (192 clinical hours)
A Community Approach to Family Health: Pediatrics (48 clinical hours)
Community Health
Spring 2010 University of Missouri Columbia
Graduate Statistics
Fall 2010 University of Missouri Columbia
Theoretical Basis for Advanced Nursing
Advanced Physiology and Pathophysiology
Spring 2011 University of Missouri Columbia
Clinical Pharmacology and Pharmacotherapeutics
Advanced Health Assessment and Promotion (90 residency hours) – Supervised by Janet Robinson CNS
Summer 2011 University of Missouri Columbia
Acquisition of Advanced Nursing Roles
Fall 2011 University of Missouri Columbia
Public Health and Sociocultural Issues



Diagnostics and Psychopharmacology for MH Nurses (90 residency hours) – Supervised by Janet Robinson CNS and Dr. Hugh Starks
Spring 2012 University of Missouri Columbia
Research Basis for Advanced Nursing
Group Therapy and Social Skills Training (90 residency hours) – Supervised by Connie McCahill MSN
Summer 2012 University of Missouri Columbia
Translational Evidence-based Practice
Brief Individual Psychotherapy (90 residency hours)-Supervised by Connie McCahill MSN
Fall 2012 University of Missouri Columbia
Pediatric Mental Health Assessment and Treatment (90 residency hours)-Supervised by Dr. Alison Mims and Dr. Eve Dreyfus
Nursing and Health Policy
Spring 2013 University of Missouri Columbia
Mental Health Interventions for Families (90 residency hours) – Supervised by Dr. Eve Dreyfus
Specialty Area Advanced Clinical Practicum (180 residency hours) – Supervised by Dr. Eve Dreyfus and Dr. Raminder Brar in child, adolescent, adult, and geriatric psychiatry
Fall 2017 University of Missouri Saint Louis
Biostatistics
Healthcare Informatics
Spring 2018 University of Missouri Saint Louis
Healthcare Policy
Introduction to Health Systems Management, and Policy for Underserved
Summer 2018 University of Missouri Saint Louis
Technology for Educators
Epidemiology
Program Evaluation and Quality Management in Healthcare
Fall 2018 University of Missouri Saint Louis
Leadership in Practice
DNP Capstone 1 (150 residency hours)
Spring 2019 University of Missouri Saint Louis
DNP Capstone 2 (150 residency hours)
Instructional Strategies in Nursing
Summer 2019 University of Missouri Saint Louis



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DNP Capstone 3 (150 residency hours)
Healthcare Economics
Fall 2019 University of Missouri Saint Louis
DNP Capstone 3 (DEFENSE) – passed 11/21/2019

APPENDIX: B

THEATRE EXPERIENCE

- | | | |
|--|-------------------------------|--------------------------------|
| • 2005 <i>Comedies in Concert</i>
<i>Fallout, Your Friend the Atom, The Lad Sketches</i>
<i>and A Postcard From Hohumbia .</i> | Stage Manager | MU Corner Playhouse |
| • 2005 <i>Voices Made Flesh</i> | Stage Manager | MU Corner Playhouse |
| • 2005 <i>The Fool's Journey</i> (KCACTF) | Stage Manager/ Asst. Director | Touhill Performing Arts Center |
| • 2004 <i>The Fool's Journey</i> (Missouri premier) | Stage Manager/ Asst. Director | MU Corner Playhouse |
| • 2004 <i>Mid-Missouri Dance Theatre</i> | Stage Manager | MU Rhynsburger Theatre |
| • 2004 <i>The Trial of Once Short-Sighted Black Woman</i>
<i>Vs. Mammie Louise And Safreeta Mae</i> | Stage Manager | MU Rhynsburger Theatre |
| • 2004 THE TRIAL OF ONE SHORT-SIGHTED BLACK WOMAN VS. MAMMY LOUISE AND SAFREETA MAE | STAGE MANAGER | MU RHYNSBURGER THEATRE |
| • <i>Rosencrantz and Guildenstern are Dead</i> (scene) | Director | MU Corner Playhouse |
| • 2004 <i>Show-Me-Show</i> | Asst. Stage Manager | MU Corner Playhouse |
| • 2004 <i>Comedies in Concert: The Red Door, Let's Get Saucy, and Leaving Hannibal</i> | Asst. Stage Manager | MU Corner Playhouse |
| • 2005 <i>High Society</i> | Sound Design | MU Rhynsburger Theatre |
| • 2005 <i>Don't Dress for Dinner</i> | Sound Design | MU Rhynsburger Theatre |
| • 2005 <i>Comedies in Concert</i>
<i>Fallout, Your Friend the Atom, The Lad Sketches</i>
<i>And A Postcard From Hohumbia</i> | Sound Design | MU Corner Playhouse |
| • 2005 <i>Big River</i> | Asst. Sound Design | MU Rhynsburger Theatre |
| • 2005 <i>Fool For Love</i> | Sound Design | MU Corner Playhouse |



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- | | | |
|--|------------------------------|------------------------------|
| • 2004 <i>Comedies in Concert</i> | Sound Design/ Board Operator | MU Corner Playhouse |
| • 2004 <i>Show-Me-Show</i> | Sound Design/ Board Operator | MU Corner Playhouse |
| • 2004 <i>Into the Woods</i> | Sound Board Operator | MU Rhynsburger Theatre |
| • 2005 <i>Comedies in Concert</i>
<i>Fallout, Your Friend the Atom, The Lad Sketches</i>
<i>And A Postcard from Hohumbia</i> | Lighting Design | MU Corner Playhouse |
| • 2005 <i>As You Like It</i> | Asst. Lighting Design | MU Rhynsburger Theatre |
| • 2004 <i>Moon Over Buffalo</i> | Light Board Operator | MU Rhynsburger Theatre |
| • 2004 <i>Book of Days</i> | Asst. Lighting Design | MU Rhynsburger Theatre |
| • 2003 <i>I Hate Hamlet</i> | Running Crew | MU Corner Playhouse |
| • 2003 <i>Parade</i> | Follow Spot Operator | MU Rhynsburger Theatre |
| • 2003 <i>Much Ado About Nothing</i> | Props Master | MU Rhynsburger Theatre |
| • 2004 <i>Let's Get Saucy</i> (KC premier) | Actor (Dandelion) | KC Just Off Broadway Theatre |
| • 2004 <i>MU Hookitup.com Commercial</i> | Actor (Crystal) | |
| • 2004 <i>Jelly's Last Preserves</i>
<i>A Play In Four Dimensions</i> (MU premier) | Actor (Betsy) | MU Corner Playhouse |
| • 2004 <i>School for Scandal</i> | Actor (Ms. Rowley) | MU Rhynsburger Theatre |
| • 2003 <i>Raymond's Sunshine</i> (MU premier) | Actor (Lilian) | MU Stotler Lounge |
| • 2003 <i>Old, New, Borrowed, Blue</i> (MU premier) | Actor (Natalie) | MU Corner Playhouse |
| • 2001 <i>Grease Lightning</i> | Actor Chorus | Kirkwood Community Theatre |

Crew/Shop Work Experiences

- | | | |
|--|----------|---------------------------------|
| • 2005 State Speech Crew | | University of Missouri Columbia |
| • 2005 Mid-Missouri Dance show Light Crew | | University of Missouri Columbia |
| • 2004 Mid-Missouri Dance show Light Crew | | University of Missouri Columbia |
| • 2004-2005 Theatre Scene Shop Assistant | 2 years. | University of Missouri Columbia |
| • 2004 Summer Repertory Scene Shop Carpenter | 1 year. | University of Missouri Columbia |



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